

THANK YOU FOR JOINING US!

Request you to...

- Keep yourself muted to reduce disturbances in the connections and unmute when you wish to speak
- Speak one at a time & others can mute themselves
- Put your questions in the chat box

AGENDA

I. Setting routines & structures for children when they are home during these times.

II. Taking online classes formally and in all seriousness

III. Online safety of our children

ENCOURAGE CHILDREN TO HAVE A ROUTINE

- Set routines, Plan & structure their day
 - Getting up on time
 - Getting ready on time for class
 - Exercising
 - Eating on time
- Provide a formal atmosphere for learning
 - E.g., Fixing a quiet corner to attend classes without any disturbance

ESSENTIAL TO DO DURING THE LOCKDOWN

- Limit use of social media with increased screen time
- Engage children more offline
- Keep children safe online

NETIQUETTES - The Online Ethics

- ❖ Be Respectful & Be Kind
- ❖ Follow class rules
- ❖ Behave in the chat box

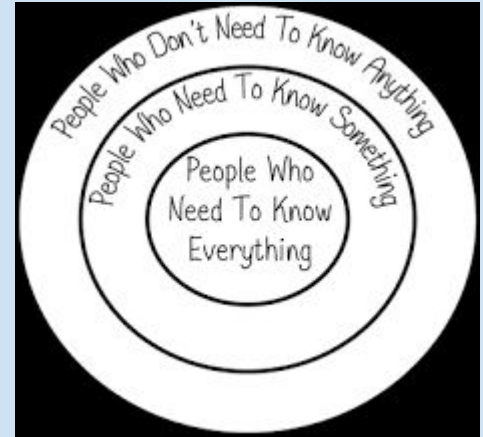
Model appropriate & safe behaviours

TAKE ACCOUNTABILITY - NOTHING IS PRIVATE

- ❖ **Supervise** what your child is doing online
- ❖ **Remember** the 3 Cs
 - **Child** - how much media is right for your child
 - **Content** - is it appropriate
 - **Context** - what is being shared and with who
- ❖ **ASK** children to reflect on the 3 Qs before they post anything online
 - Is it kind?
 - Is it honest?
 - Is it necessary?
- ❖ **Look out** for any signs of unusual behaviour

BUILD YOUR CHILD'S SAFETY NETWORK

- ❖ **Help identify** safe/trusted adults who the child can reach out to
- ❖ **Remember** the 3 R's
 - **RECOGNIZE** - Are you safe?
 - **REACT** - What can you do?
 - **REPORT** - Who can you tell?



Keeping Children Safe Online

- **NEVER SHARE** personal details, photographs, videos and any other sensitive information to strangers
- **NOT TO SHARE** even with **TRUSTED FRIENDS** if they feel uncomfortable or if it is inappropriate
- **STOP CHATTING** with strangers and immediately **BLOCK** them if inappropriate. Inform Trusted Adult
- **DO NOT SHARE PASSWORDS**
- Keep accounts **PRIVATE**
- **NOT TO ACCEPT FRIEND REQUESTS FROM STRANGERS**



DISAPPEARING MESSAGES.....

SAFE AND PRIVATE????...NOT REALLY

IT IS PERMANENT!

SNAPCHAT IS



DON'T SHUSH THEM....

TALK TO THEM

ENCOURAGE THEM TO SHARE

BECOME THEIR SAFE ADULT!

**Shatter
the
Silence**

Always Remember...



THANK YOU!