



Sanskriti School
Dr S Radhakrishnan Marg
New Delhi -110021

INTERNATIONAL DAY OF YOGA, 21st JUNE 2022

Dear Students and Parents,

The 8th IDY 2022 is being celebrated with great enthusiasm on 21st June 2022 across the globe. On this occasion, Sanskriti School will be conducting an online lecture for all teachers, students, and parents. The schedule of events is as follows

| Timing | Event | Resource person |
|-------------------|---|---|
| 10.00 to 10.10 am | Introduction Showcasing the work of students and introducing the Chief Guest | Mr.Keshav Chandra Duklan Ms. Radha Gusain |
| 10.10 to 10.30 am | Lecture on Yoga | Prof. R. S. Bhogal, Ph.D., Joint Dir. Research at Kaivalyadhama, Lonavla |
| 10.30 to 10.40 | Concluding Remarks | Ms. Richa Sharma Agnihotri Principal |

Requesting all students and parents to actively participate in the event. Students can join their respective CTIP links. In case there is a problem, one can join the link in the HPE/Yoga GCR.