

Assignment I
UNIT - I
Human Development

Short answer questions

Ques1. Define Adolescence.

Ques2. What is the duration of adolescent growth?

Ques3. What is menarche?

Ques4. Differentiate between

- Early and late maturers
- Pre-adolescence and late adolescence
- Pre operational and concrete operational stage of cognitive development

Ques5. What is duration of adolescence growth?

Ques6. What is growth spurt?

Ques7. Define social groups.

Ques8. What is stress?

Ques9. What are the stages of adolescence given by Hurlock? Define.

Ques10. Describe any three emotional patterns during adolescence.

Ques11. Define stress. What are the reasons of stress during adolescence?

Ques12. Define Social Development.

Ques13. Explain 'mood swings'.

Ques14. Give a brief account of the structure and functioning of peer group.

Ques15. Name two negative qualities that will lead to social rejection.

Ques16. Define population explosion.

Ques17. What do you understand by the term 'male -female ratio'.

Ques18. What is poverty line?

Ques19. List six effects of population explosion.

Ques20. What is population education? List any two aims of population education.

Ques21. Should population education be taught in schools? Justify your answer.

Ques22. Enumerate the problems caused due to our population.

Ques23. Differentiate between -clique and gang.

Ques24. 'Social approval is very important during adolescence.' Justify

Ques25. Define 'Developmental tasks'

Ques26. 'It is not easy for girls to accept feminine role'. Explain

Ques27. Discuss the preparation of adolescents for marriage.

Ques28. 'Adolescence is the preparation time for adulthood' Comment.

Ques29. How does body composition affect the body requirement?

Ques30. Who is more influential for adolescents? Peer or parents? Justify your answer.

Ques31. Is slipping of breakfast advisable?

Ques32. Discuss common problems of nutrition.

Ques33. Write two ways how the curiosity of adolescents regarding sex can be satisfied?

Ques34. Monthly period causes anxiety and worry in girls. Suggest two methods to overcome it.

Ques35. Discuss the importance of sibling.

Long answer questions

Ques1. Discuss the problems of severe dieting. Suggest two ways to get rid of obesity.

Ques2. Discuss the developmental tasks of leadership during adolescence.

Ques3. 'Adolescence is called a period of stress and storm.' justify.

Ques4. Define sex role typing and discuss how is it achieved?

Ques5. How do adolescents achieve emotional development?

Ques6. 'Individual differences are found in girls of same age'. Do you agree? Justify your answer.

Ques7. What are the developmental patterns of early maturer boys and girls?

Ques8 'Economy status of the family has an impact on personality'. Discuss

- Ques9. Compare the relationship of democratic and strict parents and children.
- Ques10. Discuss how an adolescent is affected by the relation with grandparents?
- Ques11. Give a brief account of the primary and secondary characteristics among boys and girls.
- Ques12. What challenges an early maturer encounters?
- Ques13. Recall your own experience of achieving puberty. How did you cope with the situation?
- Ques14. Discuss the cognitive development of adolescents giving suitable examples.
- Ques15. Do adolescents find a conflict between parents and peer values?
- Ques16. Discuss the factors causing stress and storm in the life of an adolescent. Explain any one with a suitable example.
- Ques17. Describe your relationship with your parents.
- Ques18. In what ways have T.V., movies and other mass media influenced:-
- a.) Your outlook on life and society
 - b.) Your own personality and emotional security
- Ques19. What have been the major sources of stress in your life? How has it affected you? Suggest suitable ways to change these stressors into long term wellness for yourself.
- Ques20. Discuss briefly the desirable role of the parents, school teachers, student counseling in solving adolescent problems.
- Ques21. Discuss the various factors influencing the choice of adolescent.
- Ques22. What career have you chosen and why?
- Ques23. Discuss factors responsible for our population.
- Ques24. Discuss the status of women in India. How can it be improved?
- Ques25. Explain the importance of small family norms in relation to population control.
- Ques26. Give a brief account of the consequences of our population in India.
- Ques27. Discuss the importance of population education.
- Ques28. List six effects of population explosion.
- Ques29. "Everyone must make a conscious effort in adopting small family norms" Justify.
- Ques30. "Population management benefits families, industries and the nation." Comment.

