



Sanskriti School
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Dengue fever prevention guidelines

Dengue fever is an acute infections disease affecting all age groups. It is caused by dengue fever virus and transmitted by Aedes mosquito.

Common signs and symptoms include:

- High fever
- Retro orbital pain (pain behind the eyes)
- Severe headache
- Pain in joints, muscles and bones
- Rashes and bleeding tendencies or bruising easily

Measures to be taken to prevent Dengue fever:

For students

- Wear long sleeved light colored shirts, full pants, socks and shoes while playing outdoors.
- Cover bed with mosquito netting while sleeping.
- Limit outdoor activities during the day especially during dawn and dusk. Aedes mosquito is most active during early morning hours.
- Apply mosquito repellent creams or stickers containing DEET, oil of lemon eucalyptus or Picaridin.
- Mosquitoes breed in standing water collection. Parents should ensure that there is no water collected in containers, flower vases, pet bowls, discarded tires, water cooler or inside any other thing for more than a week.
- Avoid travel during dengue season.

Richa Sharma Agnihotri
Principal